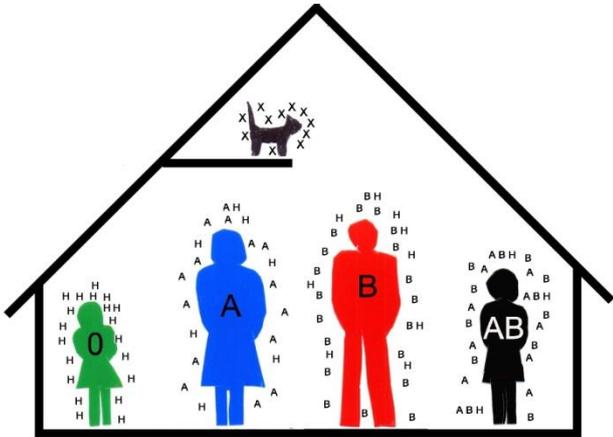


HAPTENS

ENVIRONMENTAL TRIGGERS, WHICH CAN BE VERY IMPORTANT TO MULTIPLE SCLEROSIS AND AUTOIMMUNE DISEASES

Author: Jerzy Grzeszczuk, Poland, jerzygrzeszczuk@op.pl



Every person in this family has another blood group: O, A, B, AB. They are secretors of blood group antigens --- **haptens: H, A, B** (free oligosaccharides), which are in body fluids, secretions or excretions (e.g. sweat, tears, saliva, milk, urine or sperm) and in **odour of their bodies**.

Hapten H of blood group O is not toxic for all family members.

Hapten A is toxic for persons with blood groups O and B.

Hapten B is toxic for persons with blood groups O and A.

In indoor spaces where ventilation is limited there are lot of **haptens**, which can get into blood through inhalatory route and make harmful biochemical changes, **autoimmune diseases (AD)**, even sudden death of previously healthy person.

Blood group	Lewis phenotype	HAPTENS in odour	ANTIBODIES (genetic factor of AD)
Bombay O _h			Anti-H, anti-A, anti-B, anti-A,B
O		78% H	Anti-A, anti-B, anti-A,B
B		78% B, H	Anti-A
A ₁		78% A, H	Anti-B, occasionally anti-H
A ₂		78% A, H	Anti-B, 1-8% anti-A ₁
A ₁ B		78% A, B, H	Occasionally anti-H
A ₂ B		78% A, B, H	22-35% anti-A ₁
	5% Le(a-b-)		Anti-Le ^a , anti-Le ^b
	22% Le(a+b-)	Le ^a	Anti-Le ^b
	72% Le(a+b+)	Le ^a , Le ^b	

Foreign Hapten + Antibody = Autoantibody

First step to multiple sclerosis and AD (e.g. autism, schizophrenia, rheumatoid arthritis, epilepsy, diabetes, glaucoma, hysteria, allergy, migraine...) is **immunization (production of antibodies)**.

Second step to AD is inhalation of specific haptens.

AD, post-vaccination (immunization) phenomena, "Gulf War Syndrome" (GWS), "Sick Building Syndrome" (SBS), "Sudden Infants Death Syndrome" (SIDS), unhappy family life, divorces and even murders can be triggered by: **1) specific antibodies (genetic factor) and 2) foreign haptens (environmental factor)**.

Fresh air is best remedy for autoimmune diseases.

<p>Haptens: H, A, A₁, B, Le^a, Le^b have various shapes.</p>	<p>Foreign haptens A in blood can bind to IgG antibody anti-A and to red blood cell membrane.</p>	<p>Foreign haptens Le^a in blood can bind to IgM antibody anti-Le^a. Such changed antibody is agglutinating its own red blood cells, causing passive hemagglutination.</p>